

Messenger

The Temple of Loving - Kindness



שליח

Temple Hesed, 1 Knox Road, Scranton, PA 18505



Special points of interest:

- Chanting Creation
- Blessed pets
- Rabbi's emotional genetic test

Bus Trip to Philly Planned

Temples Hesed and Israel are going on a Bus Trip to Philadelphia!

It is scheduled for October 21st, at 9 a.m.

The buses will depart from Temple Hesed and head to Independence Mall.

Itinerary:

- Tour of National Museum of American Jewish History
- Free time at Independence Hall Historical Area
- List of Kosher and/or Vegetarian Restaurants will be provided.

— We will return to Scranton by 8:30 PM.

COST: \$25/ADULT (includes bus and museum)

CHILDREN ARE FREE!

RSVP to: Temple Israel or Temple Hesed office by Oct. 14th



The Art of Rube Goldberg is the featured exhibit at the museum. Oct. 21 is the last day for it.

See story on Page 7

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Donations to Temple Hesed



Call the Temple office at (570) 344-7201 to donate or for more information. The minimum donation that can be acknowledged by mail and in the Messenger is \$10. Major credit or debit cards accepted.

BUILDING FUND

Thanks to everyone who helped make my High Holy Day participation possible

Jimmie Ellenbogen

Best Wishes to Charlotte Milliken for a Complete Recovery

Audrey Harrell

In Memory of William Pulitzer Ballot

David and Emily Adler

RELIGIOUS SCHOOL FUND

In Honor of the Yahrzeit of Bernhard Lehman

Paula Wasser

In Honor of the Yahrzeit of Delbert T. Wooden

Sherman F. Wooden

In Memory of John Orgill

Paula Wasser

In Honor of the 50th Wedding Anniversary of Carol and Jeff Leventhal

Carol and Paul Leiman

In Honor of the 50th Wedding Anniversary of Lynne and Jerry Fragin

Carol and Paul Leiman

TORAH RESTORATION FUND

JEWISH FEDERATION NEPA UJA CAMPAIGN 2019

AMERICA'S FUNNIEST VENTRILOQUIST

John Pizzi

OCTOBER 20, 2018 | 8:15 PM

JCC KOPPELMAN AUDITORIUM
601 JEFFERSON AVE | SCRANTON
ALL AGES SHOW

TICKETS ON SALE NOW

570-961-2300 x 4 | johnpizzi.eventbrite.com
\$15 Adult | \$10 Kids 12 & Younger | \$100 Table of 8
At Door: \$20 Adult | \$12 Kids 12 & Younger



Rabbinical Reflections

Genes, Fate, Information and Choices

You might say it was a test I wanted to fail. Or at least score negatively on. Since my mother had first been diagnosed with Parkinson's 13 years ago this fall, I have been a supporter of the Michael J. Fox Foundation, which focuses on Parkinsonian ailments and raises funds for research.

It was through the Foundation that I first learned several years ago about two genetic mutations linked to Parkinson's that are found disproportionately among Jews from an Ashkenazi ethnic background.

Then this summer, around my mom's birthday, I was asked to participate in a study, which included testing to see if I carried either of the two genes that had been found to be risk factors.

I debated about doing the testing. There was no sure thing. I could have the genes and still have almost a 90% chance of NOT getting Parkinson's – and I could not have the genes and still be at some risk for the disease.

Plus, at least right now, there's not a lot I could do about the finding one way or another, other than to avoid exposure to certain classes of pesticides that have been linked to early onset Parkinson's. But the information would be of use to those researching Parkinson's and looking for cures. So I felt I owed it to my mom.

I received a call back from the researchers, who are based at Indiana University, just before Rosh Hashanah. Marjorie sat with me, holding my hands as I waited for the news. The results were negative, meaning I didn't

have either problematic genetic mutation. At that point, I realized that I had been mentally "holding my breath" through the entire summer, worried that I would end up like my mom. So even as I breathed a VERY large sigh of relief, I was also curious about what had gone on for me and why I had been so frightened.

Part of my fear is linked to the disease, or actually family of diseases, since we now think what my mom died from is a different Parkinsonian syndrome that what is usually labeled as Parkinson's. I watched over six years as the illness stripped away more and more of my mother's capabilities, until in the end it killed her. But it was more than that. It was the idea of fate itself, of knowing (or at least thinking that I knew) something bad was about to happen but I couldn't do anything to stop it. I would have no say in the matter, no choices to make.

But as soon as I thought that I realized that, no matter what, I would have choices. One of my favorite authors, Viktor Frankl, the Holocaust survivor and psychologist, wrote of his key realization in the camps, the one that helped him to remain who he was even in the midst of death and horror: "Everything can be taken from a person but one thing: the last of the human freedoms—to choose one's attitude in any given set of circumstances, to choose one's own way." (from *Man's Search for Meaning*) And I realized that that choice of attitudes was one of my mother's final gifts to me, as well as one of Marjorie's first gifts.

Eight years ago this October, my mother began her final decline.

Even though Marjorie and I had only been dating since that June, we knew we were quite serious about each other. Marriage hadn't been spoken of, but it was on both of our minds. So when I told Marjorie that I needed to see my mom, she immediately decided to come with, to make sure that she had a chance to meet my mom in person while she still could. That was a beautiful and brave choice. But even more beautiful and brave was the way that my mother connected with Marjorie. I told Mom how much Marjorie meant to me, and how many values and interests they shared. Though she had nearly lost the ability to speak, my mother managed for her last clearly audible sentence to ask me, "So, what are you going to do about it?" And her strength gave me the strength to say, "I think we're going to get married." Which, one year later, we did. Marjorie returned with me two weeks later for Mom's funeral.

I shouldn't have been scared about whatever information that the genetic testing would give me. That knowledge didn't take away choices – it only helped me to make more informed ones. It helped me to remember what Frankl taught: "When we are no longer able to change a situation, we are challenged to change ourselves." May we all rise to that challenge.

Rabbi Daniel J. Swartz

By Rabbi
Daniel J.
Swartz,
Spiritual
Leader,
Temple
Hesed,



“(T)wo genetic mutations linked to Parkinson's are found disproportionately among Jews from an Ashkenazi ethnic background.”

Co-President's Page

By Esther
Adelman,
Co-
President



Esther's Thanks to Those Who Participated

I am "wearing two hats" as I write this message. As Co-President and Chair of the Worship Committee, I would like to express my deepest thanks to all who participated in the High Holy Day services. Past presidents, officers, board members and old and new members of our congregation added their special touches to these solemn moments. It is your devotion that makes our Temple truly a place of Hesed.

Rabbi Swartz's leadership, as always, was outstanding. His sermons were exceptional. He deserves our greatest praise. He continues to be an inspiration to our congregation as we grow in our spirituality and our thirst for learning.

Ed Snitko's deep feelings for our music are most evident. Some melodies are comforting; others are uplifting. All are truly inspirational, and added another dimension to the services.

We owe a huge "thank you" to Marlene, who takes care of the many details that allow Temple Hesed to function at this time and all throughout the year.

If you've been moved by our High Holy Day services, please try us on Shabbat, when there is a more inti-

mate setting, with services lasting about an hour, with mainly interactive sermons and a lot of schmoozing afterwards.

We welcome your comments. Your input is important to us, so please share your thoughts and ideas. There is always room for improvement.

May 5779 be a good year for all of us.

Esther Adelman

**"If you've been
moved by our
High Holy Day
services, please
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October 2018

Hebrew School 4 pm Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1 Simchat Torah	2	3	4 Hebrew School 4 pm	5 services 6 pm	6 Chanting 10:30 am
7	8	9	10	11 Hebrew School 4 pm	12 services 8 pm	13 Blessing, Brunch 10 am
14	15	16	17 board mtg. 6 pm	18 Hebrew School 4 pm	19 services 8 pm	20 John Pizzi @JCC '8:15 pm
21 Bus trip to Phila. 9 am	22	23	24	25 Hebrew School 4 pm	26 services 8 pm	27
28	29	30	31			

Holidays 5779 (2018–2019)

Rosh Hashanah—
Sept. 9–10, 2018

Yom Kippur —
Sept. 18–19, 2018

Sukkot—
Sept. 23–30, 2018

Sh'mini Atzaret—Simchat Torah —Sept. 30–Oct. 1, 2018

Hanukkah —
Dec. 2–10, 2018

Tu B'Shvat —Jan. 20–21, 2019

Purim—
March. 20-21, 2019

Passover—
Apr. 19–26, 2019

Yom HaShoah—
May 1–2, 2019

Yom HaZikaron
May. 7–8, 2019

Yom HaAtzmaut May 8–9, 2019

Lag B'Omer — May 22–23, 2019

Shavuot—
June 8-9, 2019

Tisha B'Av—
Aug. 10–11, 2019

Selichot —Sept. 21, 2019

Jewish Holidays begin at sunset. Dates specified are for evenings. Yhat means they run from sundown until dusk on the last day if the Holiday.

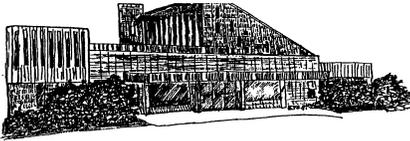
Torah Portions

Name	Civil Date	Hebrew Date
Bereishit	Oct. 6, 2018	21.Tishrei.5779
Noach	Oct. 13, 2018	4.Cheshvan.5779
Lech-Lecha	Oct. 20, 2018	11.Cheshvan.5779
Vayera	Oct. 27, 2018	18.Cheshvan.5779

More information is available from www.reformjudaism.org

“Knowing Torah doesn’t stop you from sinning.” from <http://www.yiddishwit.com>

Yahrzeits and Personal Notes



Get Wells

—Larry Golden —Janet Slawitsky

—Jane Knobel —Edward Snitko,

—Rich Mates

—Charlotte
Milliken

—Charlene Ostro

—Joel Ostro

—Emily Trunzo

Week Ending October 6 (Service October 5)

*Harry Ferber, *Seymour E. Stahler, *Dorothy Mendel Jacobs, *Samuel H. Frank, Karl Strohl, *Harry Jacobs, Isidore Lerner, *Hattie L. Marks, *James Swartz, *Minnie Rosen, *Anna Benjamin, *William Spelman, *Harry Needle, *Bernhardt Lehman, *Nathan Cohen, *James H. Carlyon, *Benjamin Endfield

Week Ending October 13 (Service October 12)

*Mark Hahn, Elaine Levy, *Emma Ackerman, *Myer Davidow, *Simon B. Elsberg, *Miriam E. Friedman, *Sheldon Pell, *Kalman Livingston, *Celia L. Goldsmith, *Clothilda Landau, *Charlotte Berger, *Evelyn Ackerman, *Morris Gutman, Jerome Ganz, Katie Lauer Rose, *Dr. Alexander Bernstein, *Ida S. Weilheimer, *Edith Wormser, *Irving Vidro

Week Ending October 20 (Service October 19)

Sr.

*Mary Broderick, *Rose Gold, *Carrie W. Goodman, *Margaret Lange Davidow, Herman Olick, *Rose Kroll, *Bruce Gilbert, *Samuel H. Lunitz, *Irene Goodman, *Jerome M. Friedman, *Oscar Kleeman, *Esther Gutter, Arnold "Archie" Cooperman

Week Ending October 27 (Service October 26)

*Manny Gelb, *Atty. Joseph Needle, Alfred Rice, Jr., *Samuel Ginsburg, *Scott Jay Tepper, *Lois Wilensky, *Sonnie Sieber, *Sadie Dinner

Week Ending November 3 (Service November 2)

*Myer Alperin, *Ray D. Goldstein, *Caroline Roos Jacobs, Bonnie Pashkow, *Richard S. Graham, *Daniel Jacobs, Maxine Ostro, Robert Siragusa, *Jeanne Weiss Antenson, *Isadore Goodman, *Irving Adelman, *Ethyl Gelfand, Hyman Mates, *Phillip Salsburg, *Hilda Landau, *Sadie Cohen, *Max A. Folk

Chanting Circle: In the Beginning... October 6 10:30 a.m.

Our October Interfaith Chanting Circle will be at 10:30 a.m. on the first Saturday, October 6th, as we have a family service on the more usual second Saturday.

The Torah portion for this week is Creation itself, the ultimate New Beginning.

Our chants, study, and reflection this month will focus on the spark of Creation that inspires us and helps us begin anew. How do we nurture that spark

and help it grow? And how do we find that spark if we've lost it?

We'll explore these questions together as we celebrate our own version of "let there be light."

Everyone is welcome; no prior chanting experience is necessary.



Blessing of the Animals/Rainbow Family Service and Potluck Brunch – October 13th 10 a.m.

Time to get out your brightest rainbow-colored clothing, pictures of your pets, and/or favorite stuffed animals.

We will be celebrating the Noah story with a rainbow-themed service and a special blessing of the animals! It's at 10 a.m. on Oct. 13.

Everyone – not just our school-children – is invited to join us

for lively service, followed by a delicious potluck brunch.

For the blessing of the animals, we encourage you to bring pictures of your favorite pets to display, and stuffed animals are also welcome. (Please check with Rabbi Daniel before bringing live animals.)

When we last did this several years back, we really looked like

a rainbow, and everyone had a great time sharing pet stories. So don't miss it this year!

“For the blessing of the animals, we encourage you to bring pictures of your favorite pets to display, and stuffed animals are also welcome.”

Rube Goldberg Art is featured at Jewish Museum during Bus Trip

.The Art of Rube Goldberg is the first comprehensive retrospective exhibition of Rube Goldberg's work since the Smithsonian's 1970 celebration of the artist. It explores his varied career from his earliest published works and iconic Rube Goldberg machine invention drawings, to his Pulitzer Prize-winning

cartoons, and more.

Throughout his long career, Rube Goldberg (1883-1970) chronicled almost every salient aspect of modern American life. His work touched on everything from fashion and sports to gender, politics, and international affairs. This exhibition explores the

artistry and wit that made Rube Goldberg one of the twentieth century's most celebrated and enduring cartoonists - and a household name.



JEWISH FEDERATION NEPA UJA CAMPAIGN 2019

AMERICA'S FUNNIEST VENTRILOQUIST

John Pizzi

as seen on



SATURDAY, OCTOBER 20, 2018 | 8:15 PM

JCC KOPPELMAN AUDITORIUM
601 JEFFERSON AVE | SCRANTON
ALL AGES SHOW

TICKETS: 570-961-2300 x 4 | jewishnepa.org



Rabbi Pesner Condemns New Immigration Proposal

WASHINGTON, DC - On Saturday, September 21, the Department of Homeland Security announced a proposed change to how it considers immigrant use of public benefits in visa application decisions. If this proposal is adopted, the administration would be able to penalize immigrants applying to become lawful permanent residents if they enroll in SNAP, Medicaid, Medicare Part D, or other essential programs.

In response, **Rabbi Jonah Dov Pesner**, Director of the Religious Action Center of Reform Judaism, released the following statement on behalf of the Union for Reform Judaism, the Central Conference of American Rabbis, and the

wider Reform Movement:

“We condemn the administration’s proposal that will force immigrants to choose between advancing their immigration status and accessing vital public benefits that strengthen them and society overall. At this moment when immigrant communities are increasingly vulnerable, individuals are already foregoing needed medical care and food for their children through programs like SNAP out of concern for their immigration status. This new attack by DHS tarnishes America’s legacy as a nation of opportunity, built by immigrants.

“Jewish tradition leaves no room for interpretation when it comes to the treatment of immigrants. In Leviticus we learn: ‘When strangers sojourn with you in your land, you shall not do them wrong. The strangers who sojourn with you shall be to you as the natives among you, and you shall love them as yourself; for you were strangers in the land of Egypt’ [19:33-34]. Compelling people to choose between caring for their health and well being and their immigration status is not loving; it is callous. We call on the Department of Homeland Security to withdraw this proposal.”

National and International News



Rabbi Pesner

Florence Hits Jewish Congregations

As Hurricane Florence continues to flood the Carolinas, we are checking in with all of the congregations in affected areas as frequently as possible.

We are touched by the outpouring of support offered by other URJ congregations, particularly those across the Carolinas, Georgia, and Florida that have offered hospitality to people displaced by the storm. In particular, we thank congregations for opening their worship services—including Yom Kippur worship services—to evacuees. Anyone who has been forced out of their homes is welcome to come to those services as they are.

To date, only [Temple of Israel](#) in Wilmington, NC, and [Temple B'nai Sholem](#) in New Bern, NC,

have canceled services for [Yom Kippur](#), but we will post updates as we receive them. Those wishing to make donations to help victims of Hurricane Florence can send funds to [NECHAMA - Jewish Response to Disaster](#) or [Jewish Federations of North America's Hurricane Relief Fund](#).

For the most current news, please check the [Hurricane Florence Response group in The Tent](#). If you have specific aid to offer impacted congregations, please post there.

We continue to pray for the health and safety of all in the path of Hurricane Florence during the Days of Awe and beyond.



“Those wishing to make donations to help victims of Hurricane Florence can send funds to [NECHAMA - Jewish Response to Disaster](#) or [Jewish Federations of North America's Hurricane Relief Fund](#).”

Temple Hesed Phone: 570-344-7201
1 Knox Road Fax: 570-344-4514
Scranton, PA 18505

ABOUT TEMPLE HESED:

Temple Hesed, a Reform Synagogue founded Aug. 20, 1860, is Scranton's first and oldest Jewish congregation. It is one of the earliest congregations to join the Union of American Hebrew Congregations, now the Union for Reform Judaism. It has been a member since Dec. 12, 1874.

The synagogue serves the needs of individuals and families in Lackawanna County and surrounding areas. Situated on Knox Road, off Lake Scranton Road in the East Mountain section of Scranton, the current building opened in 1973. Temple Hesed operates a cemetery on West Warren Street in Dunmore.

The office is open Tuesday-Thursday from 9 a.m. to 4 p.m.; and Friday 9 a.m. to 2 p.m.

Rabbi Swartz is happy to set appointments at any convenient time. Contact him to set a time. The rabbi also has "drop-in" hours every Tuesday from 11 a.m. to 1 p.m. and Friday from 1 p.m. to 3 p.m. The Rabbi holds these times open for visits or calls for which an appointment was not or could not be made.

The Temple Hesed Cemetery is open for visitation six days a week. Visitation hours are: Monday-Friday 8 a.m. to 4 p.m., Sunday 8 a.m. till dusk and it is closed for Shabbat on Saturday. For more information, call the office.

Our Partners Include;

"The Temple of Loving Kindness" On the Web at: templehesed.org

Temple personnel and officers

SPIRITUAL LEADER

Rabbi Daniel J. Swartz
570-877-3454 (cell)
570-344-7201 (office)
(rabbidaniel@comcast.net)

OFFICERS

Esther Adelman and Steven Seitchik - Co-Presidents
Larry Milliken - 1st Vice President
Cheryl Friedmann - 2nd Vice President
Jeffrey Leventhal - Treasurer
Joan Davis - Secretary
Jennifer Novak - Assistant Secretary

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